



Health Literacy Series For Seniors

Beginning 4/8/2015 12:30 p.m. CCF Langston Hughes
2390 E. 79th Street Cleveland, Ohio 44104

Need questions answered regarding your chronic illness? Need more information on diet, exercise, and nutrition appropriate for seniors? Do you understand Power of Attorney? Living Will? Get all of your questions answered in our Health Literacy Series in collaboration with Gateway Health. This is a monthly program, 2nd Wednesday of every month beginning April 8th - September 9th, 2015 at 12:30p. For more questions or to register, please contact Chantel Wilcox at 440.465.9571.

INFORMATIVE AND FUN!! SNACKS AVAILABLE!!!