

Even if you're healthy...

you will need a flu shot and/or pneumonia shot to protect yourself and your family from getting sick.



FREE FLU & PNEUMONIA SHOTS

Everyone should get a flu shot.

Flu shots are highly recommended if you:

- are between **6 months and 18 years old** or
- are **50 years** or older or
- have a long-term illness** (high blood pressure, liver, heart or lung disease, diabetes, asthma, pregnancy, cancer or a weakened immune system) or
- live with or take care of someone** who is 0-5 years old, 50+ years old, OR has a long-term illness

PLUS:

Benefit Check-ups
from the Department

FREE for all City of Cleveland residents!

Call (216) 664-4621 or visit

Get your **FREE** Flu and Pneumonia shots at one of the following locations:

DATE	TIME	FACILITY	ADDRESS
09/21/09	10A-1P	Phyllis Wheatley Association	4450 Cedar Ave. 391-4443
09/23/09	11A-1P	Merrick House	3167 Fulton Road 281-4212
09/24/09	10A-2P	Galleria	1301 East 9 th Street 861-4343
09/28/09	10A-2P	City Hall	601 Lakeside 664-2000
09/30/09	10A-2P	Tower City	230 West Huron Road 623-4750
10/01/09	11A-2P	Lakeshore Golden Age Center	16600 Lakeshore Blvd 481-0631
10/02/09	10A-2P	JFK Recreation Center	17300 Harvard Ave 664-2572
10/06/09	930A330 P	Gunning Recreation Center	16700 Puritas Ave 267-9945
10/07/09	10A-12P	West Rose Mt. Carmel	1331 West 70 th Street 631-7717
10/08/09	10A-12	Abington Arms	11501 Mayfield Road 791-5025
10/08/09	1P-3P	Alta Social Settlement	12510 Mayfield Road 421-1536
10/10/09	12P-2P	Cogswell Hall	7200 Franklin Blvd 961-1568
10/13/09	10A-2P	Gunning Recreation Center	16700 Puritas Ave 267-9945
10/14/09	10A-1P	Dave's Supermarket	3301 Payne Ave 361-5130
10/15/09	10A-2P	Zelma George Recreation Center	3165 MLK Blvd 420-8800
10/17/09	10A-1P	Dave's Supermarket	7422 Harvard Ave 441-0034
10/19/09	10A-12P	SCR Deaconess-Krafft	3100 Devonshire 749-5367
10/20/09	10A-2P	Gunning Recreation Center	16700 Puritas Ave 267-9945
10/21/09	10A-1P	Dave's Supermarket	3565 Ridge Road 961-2000
10/22/09	10A-2P	Zelma George Recreation Center	3165 MLK Blvd 420-8800
10/24/09	12P-2P	Asian Services In Action	3631 Perkins 881-0330
10/26/09	10A-12P	West Side Community Health	9300 Lorain Ave 771-7297
10/27/09	10A-1P	Miles Broadway Health Center	9127 Miles Ave 664-3609
10/28/09	1230P-230P	Thurgood Marshall Recreation Center	8611 Hough Ave 664-4045
10/29/09	10A-2P	Zelma George Recreation Center	3165 MLK Blvd 420-8800
10/31/09	12P-2P	St. James Lutheran Church	4771 Broadview 351-6499
11/03/09	10A-2P	Pilgrim Congregational Church	2592 West 14 th Street 861-7388
11/04/09	10A-12P	Franciscan Village	3648 Rocky River Dr 941-4600
11/05/09	4P - 8P	Zelma George Recreation Center	3165 MLK Blvd 420-8800
11/07/09	12P-2P	Estabrook Recreation Center	4125 Fulton Parkway 664-4149
11/09/09	12P-2P	Mt. Auburn Manor	3061 East 93 rd Street 231-6477
11/10/09	4P - 8P	Gunning Recreation Center	16700 Puritas Ave 267-9945
11/11/09	10A-12P	St. Phillip Neri Church	799 East 82 nd Street 391-7557
11/12/09	4P - 8P	Zelma George Recreation Center	3165 MLK Blvd 420-8800
11/14/09	12P-2P	Greater New Calvary Church	822 East 150 th Street 761-0486
11/17/09	4P-8P	Gunning Recreation Center	16700 Puritas Ave 267-9945
11/19/09	4P-8P	Zelma George Recreation Center	3165 MLK Blvd 420-8800
11/21/09	10A-12P	Ascension Catholic Church	14040 Puritas Ave 671-5890
11/24/09	4P-8P	Gunning Recreation Center	16700 Puritas Ave 267-9945
12/02/09	10A-12P	Fairhill Senior Center	12200 Fairhill Road 421-1350
12/03/09	10A-12P	Merrick House	3167 Fulton Road 281-4212
12/07/09	11A-1P	Halloran Park Recreation Center	3550 West 117 th St 664-4187
12/08/09	10A-12P	Hispanic Senior Center	7800 Detroit Ave 939-3714
09/18 To 12/29/09	8:30 A-11A (Every Friday)	McCafferty Health Center	4242 Lorain Ave 651-5005
09/18 To 12/29/09	12:30P-3P (Every Friday)	J. Glen Smith Health Center	11100 Saint Clair Ave 249-4100

Dates and time are subject to change.

Please check our website at www.clevelandhealth.org for updates.