



Volunteer Registration Form

First Name: _____

Last Name: _____

Home Address: _____

Home Phone: (____) _____

Mobile Phone: (____) _____

Work Phone: (____) _____

Email Address: _____

Please fill out this form and mail it to:

Cleveland Department of Public Health

Office of Emergency Preparedness

75 Erievue Plaza, 3rd Floor

Cleveland, OH 44114-1839

Or...

Register online at <http://goo.gl/NXSyd>



My Notes.

Helpful Emergency Preparedness Links:

www.ready.gov

www.getreadyforflu.org

www.clevelandhealth.org

Cleveland Department of Public Health

75 Erievue Plaza

Cleveland, OH 44114-1839

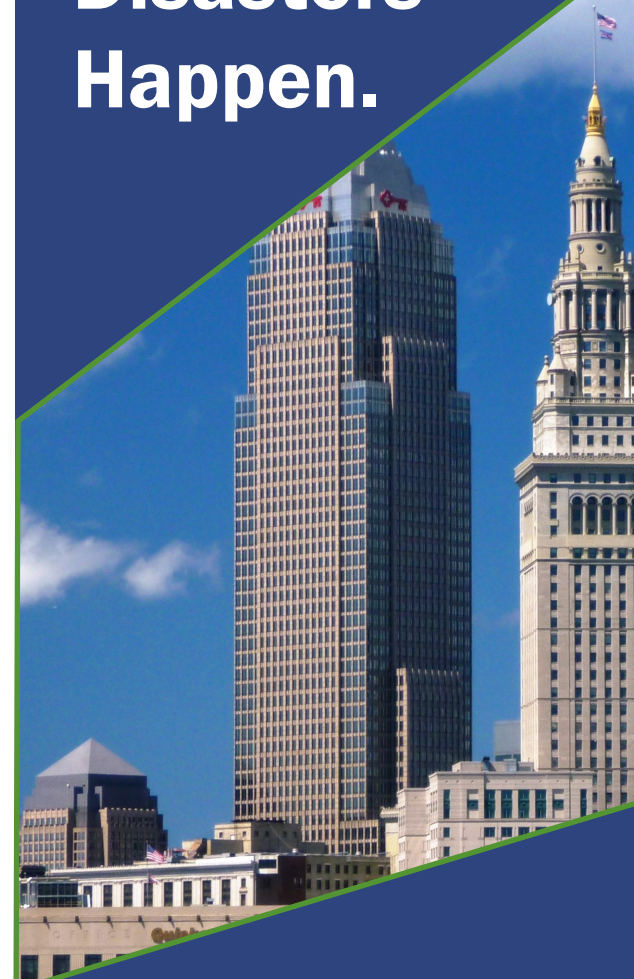
(216) 664-2324

Scan barcode with your
smartphone to view
the CDPH Emergency
Preparedness website



Office of Emergency Preparedness

Disasters Happen.



Are You Ready?

Get A Kit. Make A Plan. Be Informed. Get Involved.



Get a Kit.

- Be prepared to survive on your own for at least 3 days following a disaster.
- An emergency supply kit can ensure that you and your family have everything you need until emergency services reach you.
- Some items to include:
 - ✓ Water
1 gallon per person per day
 - ✓ Non-Perishable Food
Keep a 3 day supply.
 - ✓ Flashlight and Radio
Remember extra batteries!
 - ✓ First Aid Kit
Include prescription medicine
 - ✓ Whistle
 - ✓ Dust Mask
 - ✓ Garbage Bags
 - ✓ Adjustable Wrench or Pliers
 - ✓ Manual Can Opener
 - ✓ Local Maps

Remember: Supply kits should be unique to your family's needs

Comprehensive list available at
www.ready.gov



Make a Plan.

Your family may not be together when a disaster happens. It is important to have a plan.

- Specify an out-of-town contact in the case of a city-wide disaster.
- Program your emergency contact as an “In Case Of Emergency” number in your cell phone.
- Tools for developing your own emergency plan are available at:

www.ready.gov/america/makeaplan



Be Informed.

It is not enough to just have an emergency plan. During an emergency, tune to your local news stations for current information and important messages

For information before, during, and after an emergency follow us on twitter:



@ClevelandHealth



Get Involved.

During a widespread health emergency, medical countermeasures may be needed to protect our communities. The City of Cleveland has plans in place to provide these medical countermeasures through Points of Dispensing (PODs). These PODs will be managed by a team of City of Cleveland personnel and trained volunteers. Volunteers make a big impact and play a critical role in the response effort. You can be part of a POD team! As a volunteer, you can:

- Provide a valuable service to your community
- Participate in drills and exercises
- Receive no-cost training
- Learn a new set of skills

To get involved, see reverse side for registration form and instructions.

