



## Cleveland Office of Minority Health Resources

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### Articles + Infographics

[Stress Level Test \(Self-Assessment\)](#)

[Stress in Hispanic and Black Americans Post Pandemic](#)

[Racial Trauma](#)

[LGBTQ+ Youth and Foster Care](#)

[Health Disparities in Cleveland's Native American Community](#)

[Suicide Among Black Youth](#)

### Research

[Life Expectancy Rates in Cuyahoga County](#)

[Cuyahoga County Supermarket Assessment](#)

### YouTube Videos

[Health and Healthcare disparities in the U.S.](#)

[Minority Health Disparities](#)

### Podcasts

[How to Create a Happy Mind and a Happy Life](#)