Disasters Happens...
Are You Ready?

The CDPH Office of Emergency Preparedness recommends that the citizens of the City of Cleveland prepare for disaster because…. *they happen*. Prepare now by following these 4 steps to keep you and your family safe during a disaster or an emergency.

1. **Get a kit.**

   The kit should include a collection of basic items your household may need in the event of an emergency.

2. **Make a plan.**

   Creating an emergency plan will help protect you and your family because knowing where to go and what to do during an emergency will reduce less panic and will keep you and your love ones safe.

3. **Be Informed.**

   Knowing the different types of disasters to expect in your area will help you plan and prepare. Learning what to expect before, during and after a disaster will help you to respond better.

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CDPH Office of Emergency Preparedness

Assistance will be needed during and after any emergency in the community. Get involved now as a volunteer and you can learn how to be ready to respond and help your neighbors and community. Join programs and activities to make your family and community safe.

*Here a basic items to include in the supply kit:*

- Water 1 gallon per person per day
- Non-Perishable Food Keep a 3 day supply.
- Flashlight and battery operated radio (remember extra batteries)
- First Aid Kit (include prescription medicine)
- Whistle
- Dust Mask
- Garbage Bags
- Wrench or Pliers
- Manual Can Opener
- Local Maps

*A complete supply list available at:*

[www.ready.gov/kit](http://www.ready.gov/kit)

*Link to a family planning guide:*

[Family Communication Plan for Parents (English)](http://www.clevelandhealth.org)

Helpful Emergency Preparedness Links:

[www.ready.gov](http://www.ready.gov)

[www.getreadyforflu.org](http://www.getreadyforflu.org)

[www.clevelandhealth.org](http://www.clevelandhealth.org)